

## **ABSTRACT**

Embodiments of the present invention provide methods and apparatuses for indicating optimal hand position and orientation for holding or grasping a device. For one embodiment, the indicator includes an illustration of a human hand indicating proper handling position and orientation. For such an embodiment, the indicator may adhesively affix to the device to be held. In another embodiment, the indicator is visible in darkened or poorly lights environments. In alternative embodiment the indicator may include instructions (e.g., written instructions) that indicate proper hand position and/or orientation. In various alternative embodiments, the indicator may be used to indicate handling position and or orientation to promote safe use of the device or to promote optimal efficiency of device use.